

Number	Day	Date	Mileage	Training Rides		Starting Location	Time	Comments
				Coordinator	Coordinator (s)			
1.1	Friday	4/2/2010	15 miles	Jim Bongard	Phil Bongard	Webster Park- Western parking lot at the corner of Holt Road & Lake Road	12:00pm	Rain or Shine
1.2	Saturday	04/03/10	15 miles	Tracy Cass	David John, Kris Oosterling, Joe Crispino	Total Sports Experience, 880 Elmgrove Road, Rochester, NY 14624	9:00 AM	Rain or Shine
2	Sunday	04/04/10	15 miles	Harold Bobry	Dave Abercrombie, Joe Noto, Kevin Fleissig, Bob Singer	Midtown Athletic Tennis, 200 E Highland Drive, Rochester, NY 14610	9:00 AM	Rain or Shine
3	Saturday	04/10/10	15 miles	Jim Bongard	Remo Inglese, Joe Crispino, Eli Saber, Mary Humphreys, Lynn Bianco	Webster Park- Western parking lot at the corner of Holt Road & Lake Road	9:00 AM	Rain or Shine
4	Sunday	04/11/10	15 miles	Dave Abercrombie	Jose Maldonado, Kris Oosterling	Total Sports Experience, 880 Elmgrove Road, Rochester, NY 14624	9:00 AM	Rain or Shine
5	Wednesday	04/14/10	15 miles	David John	Lynn Bianco	Mendon Ponds Park - Stewart Lodge Parking lot located east of 100 Acre Pond off Douglas Rd.	6:00pm	Rain or Shine
6	Saturday	04/17/10	20 miles	Jim Bongard	Eli Saber, Brad Sponzel	Webster Park- Western parking lot at the corner of Holt Road & Lake Road	9:00 AM	Rain or Shine
7.1	Sunday	04/18/10	20 miles	Eli Saber	Bob Singer, Kris Oosterling	Webster Park- Western parking lot at the corner of Holt Road & Lake Road	9:00 AM	Rain or Shine
7.2	Sunday	04/18/10	20 miles	Dave Abercrombie	Jose Maldonado, Doug Randall	Total Sports Experience, 880 Elmgrove Road, Rochester, NY 14624	9:00 AM	Rain or Shine
8.1	Saturday	04/24/10	20 miles	Harold Bobry	Joe Noto, Kevin Fleissig, Brad Sponzel	Mendon Ponds Park - Stewart Lodge Parking lot located east of 100 Acre Pond off Douglas Rd.	8:30 AM	Rain or Shine
8.2	Saturday	04/24/10	20 miles	Paul Garsin		Bristol Mountain Parking Lot, 5662 State Route 64, Canandaigua, NY 14424	9:00 AM	Rain or Shine
9.1	Sunday	04/25/10	20 miles	Fred Mis	Kris Oosterling, Eli Saber	Webster Park- Western parking lot at the corner of Holt Road & Lake Road	9:00am	Rain or Shine
9.2	Sunday	04/25/10	20 miles	Dave Abercrombie	David Anderson, Doug Randall	Total Sports Experience, 880 Elmgrove Road, Rochester, NY 14624	9:00am	Rain or Shine
10	Thursday	04/29/10	20 miles	Jim Bongard		Webster Park- Western parking lot at the corner of Holt Road & Lake Road	6:00pm	Rain or Shine
11	Saturday	05/01/10	25 miles	Remo Inglese	Jim Bongard, Doug Landers, Mary Humphreys, Lynn Bianco	Webster Park- Western parking lot at the corner of Holt Road & Lake Road	9:00 AM	Rain or Shine
12.1	Sunday	05/02/10	25 miles	Fred Mis	Mike Davis, Bob Singer	Webster Park- Western parking lot at the corner of Holt Road & Lake Road	9:00 AM	Rain or Shine
12.2	Sunday	05/02/10	25 miles	Tracy Cass	Jamie Treuthart, Kim Morse, Dave Abercrombie, Doug Randall	Total Sports Experience, 880 Elmgrove Road, Rochester, NY 14624	9:00am	Rain or Shine
13	Saturday	05/08/10	25 miles	David John	Kris Oosterling, Harold Bobry	Mendon Ponds Park - Stewart Lodge Parking lot located east of 100 Acre Pond off Douglas Rd.	9:00 AM	Rain or Shine
14	Sunday	05/09/10	25miles	Jim Bongard	Fred Mis, Bob Singer, Kris Oosterling	Webster Park- Western parking lot at the corner of Holt Road & Lake Road	9:00 AM	Rain or Shine

Note: Additional Miles may be added after each of the rides at rider's discretion.